

Catholic Mass

Saint Francis Xavier Catholic Church

110 North Madison
Enid, Oklahoma 73701
580-237-0812

Pastor: Father Kevin Ratterman

Priest in Residence: Fr. Ernest A. Flusche, Retired

Mass Schedule:

Saturday Vigil	5:00 PM
Sunday	8:00 AM, 11:00 AM
Spanish Mass	1:00 PM

Catholic Mass

"At the Last Supper, on the night when He was betrayed, our Savior instituted the Eucharistic sacrifice of His Body and Blood. He did this in order to perpetuate the sacrifice of the Cross throughout the centuries until He should come again, and so to entrust to His beloved Spouse, the Church, a memorial of His Death and Resurrection: a sacrament of love, a sign of unity, a bond of charity, a Paschal banquet in which Christ is eaten, the mind is filled with grace, and a pledge of future glory is given to us" (Vatican II: Sacred Liturgy, no. 47).

- *The words the priest says are italicized.*
- **The words of the people are in red.**

Entering the Catholic Church

Gathering. The first thing we do in a Catholic Mass is gather. Gathering is a state of mind and heart that we share as one people. Remembering that what we have in common is not just the conviction that Jesus is Lord but also our tradition in one faith, a faith that is over 2000 years old and our membership in one church. Everything from the time we enter the doors into the church till we leave "To love and serve the Lord" we will do together.

Catholic Mass

The Catholic Church is a sacramental Church; we believe that actions, rituals, and sacred objects serve as a means to receive sanctifying grace. Therefore, all gestures performed during Mass are to remind us of some great truth about who we are and who God is and why we are here.

Blessing. Upon entering the church we dip our fingers into some water and cross ourselves. This water has been blessed by a priest, and is called "holy water." The holy water fonts are located in the back of the church. Crossing ourselves reminds us of the Trinity and our baptism. It is not a gesture to be taken lightly. It should be done with reverence.

Crossing. First touch your forehead with the three middle fingers of your right hand, saying "**In the name of the Father**," then touch your lower chest, saying, "**and of the Son**," next touch your left shoulder, saying, "**and the Holy**," and finally touch your right shoulder, saying "**Spirit**".

Genuflecting. Before taking our seat in the pew, we bow to the altar, and genuflect (bending the knee) to the tabernacle out of respect.

The tabernacle is a "little house" where the Body of Christ is kept for adoration, and in reserve in give to the sick that can't attend Mass. Hanging in front of the tabernacle is a red candle called the "Sanctuary Candle." It is lit when consecrated Hosts are

Catholic Mass

present in the tabernacle. Older churches have the tabernacle right behind the altar.

Praying. After entering the pew and taking our seat, we may kneel and pray in order to better prepare ourselves for Mass. We now focus ourselves on the totality of God's love for us.

Introductory Rites

Acts of prayer and penitence prepare us to meet Christ as he comes in Word and Sacrament. We gather as a worshipping community to celebrate our unity with him and with one another.

Entrance Song. All stand. To begin the Mass, the priest, altar servers, readers, and extraordinary ministers of the Eucharistic walk slowly to the altar, while everyone else stands. This is called the Procession. Usually a hymn is sung at this time. The entire Procession then bows to the altar and the tabernacle, then take their places. The priest will go behind the altar and kiss it out of reverence.

Greeting. The priest says and we cross ourselves:

In the name of the Father, and of the Son, and of the Holy Spirit.

Catholic Mass

We respond: **Amen.**

(3 forms)

a.) The grace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

And also with you.

b.) The grace and peace of God our Father and the Lord Jesus Christ be with you.

Blessed be God, the Father of our Lord Jesus Christ. -or- And also with you.

c.) The Lord be with you.

And also with you.

Penitential Rite.

(3 forms)

a.) Priest and People:

I confess to Almighty God, and to you, by brothers and sisters, that I have sinned through my own fault in my thoughts and in my words, in what I have done, and in what I have failed to do; and I ask Blessed Mary, ever virgin, all the angels and saints,

Catholic Mass

and you, my brothers and sisters, to pray for me to the Lord our God.

b.) Priest:

Lord, we have sinned against you. Lord, have mercy.

Lord, have mercy.

Lord, show us your mercy and love.

And grant us your salvation.

c.) Priest or Deacon:

You were sent to heal the contrite: Lord, have mercy.

Lord, have mercy.

You came to call sinners: Christ, have mercy.

Christ, have mercy.

You plead for us at the right hand of the Father: Lord, have mercy.

Lord, have mercy.

Catholic Mass

Absolution: At the end of any of the forms of the Penitential rite:

May Almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

Amen.

Gloria. Usually this is said or sung next, but not all the time.

Glory to God in the highest and peace to his people on earth. Lord God, heavenly King, Almighty God and Father, we worship You, we give You thanks, we praise You for Your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, You take away the sin of the world: have mercy on us; You are seated at the right hand of the Father; receive our prayer.

For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Opening Prayer. The priest then says:

Let us pray.

Catholic Mass

There is then a short pause for personal prayers. He then says a short prayer, ending with something like this:

We ask this through our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, one God for ever and ever.

Amen.

Everyone now sits.

Catholic Mass

Liturgy of the Word

The proclamation of God's Word is always centered on Christ, present through His Word. Old Testament writings prepare for Him; New Testament books speak of Him directly. All of scripture call us to believe once more and to follow. After the reading we reflect upon God's words and respond to them.

First Reading. The lector goes up front to read from the Bible, usually from the Old Testament. When he's finished reading, he'll say:

The Word of the Lord

Thanks be to God.

Responsorial Psalm. A Psalm is either read or sung. The people repeat the response sung by the cantor the first time and then after each verse.

Second Reading. The lector goes up front to read from the Lectionary. The reading will normally be from the New Testament, but not from the Gospels. When he's finished reading, he'll say:

The Word of the Lord

Catholic Mass

Thanks be to God.

Gospel Acclamation. Everyone stands. The priest or deacon prepares to read from one of the Gospels. The people repeat the alleluia after the cantor's alleluia.

Alleluia. (except during Lent)

During Lent one of the following invocations is used as a response instead of the alleluia:

a.) Praise to you, Lord Jesus Christ, King of endless glory!

b.) Praise and honor to You, Lord Jesus Christ!

c.) Glory and praise to You, Lord Jesus Christ!

d.) Glory to You, Word of God, Lord Jesus Christ!

Gospel. The priest or deacon walks over to proclaim the Gospel and as he's walking, he prays softly: *Almighty God, cleanse my heart and my lips that I may worthily proclaim your gospel.*

He now addresses the people with:

The Lord be with you.

And also with you.

Catholic Mass

A reading from the Holy Gospel according to (Matthew, Mark, Luke or John).

We trace a small cross with our right thumb on our forehead, on our lips and on our heart while quietly praying, May the Gospel be on my mind, on my lips, and in my heart. We then say:

Glory to You, Lord.

At the end:

Priest or Deacon:

This is the Gospel of the Lord

Praise to You, Lord Jesus Christ.

Homily: God's word is spoken again in the homily. The Holy Spirit speaking through the lips of the preacher explains and applies today's biblical readings to the needs of this particular congregation. He calls us to respond to Christ through the life we lead.

Profession of Faith (Creed): All Stand. As a people we express our acceptance of God's message in the scriptures and homily. We summarize our faith by proclaiming a creed handed down from the early Church.

Catholic Mass

Priest and People:

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, one in Being with the Father. Through him all things were made. For us men and for our salvation he came down from heaven:

all bow at the following words up to: and became man

by the power of the Holy Spirit he was born of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate; he suffered, died, and was buried. On the third day he rose again in fulfillment of the Scriptures; he ascended into heaven and is seated at the right hand of the Father. We will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for

Catholic Mass

the resurrection of the dead, and the life of the world to come. Amen.

General Intercessions (Prayer of the Faithful):

As a priestly people we unite with one another to pray for today's needs in the Church and the world. After the priest's introduction the deacon or other minister sings or says the invocations.

People: **Lord, hear our prayer.** (or other response, according to local custom).

At the end the priest says the concluding prayer.

People: **Amen.**

All sit.

Liturgy of the Eucharist

Preparation of the Gifts: The priest prepares the altar for the next part of the Mass, the Liturgy of the Eucharist. During this time the offering is collected and the gifts are brought up to the priest.

Once the altar is ready and the gifts are in their place, the priest begins praying. The priest elevates the bread as he prays:

Catholic Mass

Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

If there is not singing, the priest may say this prayer aloud, and the people respond:

Blessed be God forever.

The priest pours the wine and a little bit of water into the chalice. The wine symbolizes Christ's divinity and the water His humanity. The priest then prays:

By the mystery of this water and wine may we come to share in the divinity of Christ, who humbled himself to share in our humanity.

He then holds the chalice up and prays:

Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

If there is no singing, the priest may say this prayer aloud, and the people may respond:

Blessed be God forever.

Catholic Mass

The priest then softly prays:

Lord God, we ask you to receive us and be pleased with the sacrifice we offer you with humble and contrite hearts.

The priest now symbolically washes his hands with water and again prays softly:

Lord, wash away my iniquity; cleanse me from my sin.

Invitation to Prayer: All stand as the priest says:

Pray, my brothers and sisters, that our sacrifice may be acceptable to God, the Almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his Church.

Eucharistic Prayer:

The Lord be with you.

And also with you

Lift up your hearts.

We lift them up to the Lord

Catholic Mass

Let us give thanks to the Lord our God

It is right to give him thanks and praise

The priest says the Preface here.

Holy, Holy, Holy: The priest and people together say or sing:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

-or-

Sanctus, Sanctus, Sanctus Dominus Deus Sabaoth. Plenisunt caeli et terra gloria tua. Hosanna in excelsis. Benedictus qui venit in nomine Domini Hosanna in excelsis.

All kneel.

This is where the bread and wine are changed into the Body and Blood of Christ. There are a number of different prayers that can be said, and it's up to the priest to choose which ones to use that day.

After these prayers, the priest will remind us of the Last Supper. He will hold up the bread and say the words Jesus said:

Catholic Mass

Take this, all of you and eat it: this is my body which will be given up for you.

As the priest genuflects, you should bow your head and pray quietly:

My Lord and my God.

Next the wine is elevated. The priest repeats the words of Christ at the Last Supper:

Take this, all of you, and drink from it: This is the cup of my blood, the blood of the new and everlasting covenant. It will be shed for you and for all so that sins may be forgiven. Do this in memory of me.

Once again, you should pray quietly:

My Lord and my God.

You should bow your head as the priest genuflects.

Memorial Acclamation.

Let us proclaim the mystery of faith.

Christ has died, Christ is risen, Christ will come again.

-or-

Catholic Mass

Dying you destroyed our death, rising you restored our life, Lord Jesus, come in glory.

-or-

When we eat this bread and drink this cup, we proclaim your death, Lord Jesus, until you come in glory.

-or-

Lord, by your cross and resurrection you have set us free, You are the Savior of the world.

The priest prays for the dead and for God's mercy and love. After which he'll hold up the Body of Christ and the chalice with the Blood of Christ, for the Great Amen and says or sings (priest(s) only):

Through him, with him, in him, in the unity of the Holy Spirit, all glory and honor is yours, almighty Father, for ever and ever.

Amen.

Everyone stands.

Catholic Mass

Communion Rite

To prepare for the paschal meal, to welcome the Lord, we pray for forgiveness and exchange a sign of peace. Before eating Christ's body and drinking his blood, we must be one with him.

Lord's Prayer: Many parishes hold hands during the Lord's Prayer as a sign of community. Sometimes we sing the Our Father. Just remember to stop after you say "deliver us from evil" and wait for the priest.

Stand. The priest asks the people to join him in the prayer that Jesus taught us.

Priest and People:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Then the priest says:

Deliver us, Lord, from every evil, and grant us peace in our days. In your mercy keep us free from sin and protect us from all anxiety as we wait in

Catholic Mass

joyful hope for the coming of our Savior, Jesus Christ.

Doxological Conclusion and Acclamation

For the kingdom, the power, and the glory are yours, now and for ever. Amen.

Sign of Peace.

The priest says the prayer for peace:

Lord Jesus Christ, you said to your apostles: I leave you peace, my peace I give you. Look not on our sins, but on the faith of your Church, and grant us the peace and unity of your kingdom where you live for ever and ever.

People: Amen

Priest: The peace of the Lord be with you always.

People: And also with you.

Deacon (or priest):

Let us offer each other the sign of peace.

The people exchange a sign of peace and love, according to local custom.

Catholic Mass

Breaking of the Bread. Then the following is sung or said:

Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: grant us peace.

- or in Latin -

*Agnus Dei qui tollis peccatamundi miserere nobis.
Agnus Dei qui tollis peccatamundi miserere nobis.
Agnus Dei qui tollis peccatamundi dona nobis pacem.*

The hymn may be repeated until the breaking of the bread is finished, but the last phrase is always: "Grant us peace." Meanwhile the priest breaks the host over the paten and places a small piece in the chalice, saying quietly:

May this mingling of the body and blood of our Lord Jesus Christ bring eternal life to us who receive it.

Kneel. The priest prays quietly before Communion.

Lord Jesus Christ, Son of the living God, by the will of the Father and the work of the Holy Spirit your death brought life to the world. By your Holy Body

Catholic Mass

and Blood free me from all my sins and from every evil. Keep me faithful to your teaching, and never let me be parted from you.

Reception of Communion. The priest genuflects. Holding the host elevated slightly over the paten, the priest says:

This is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper.

Priest and People:

Lord, I am not worthy to receive you, but only say the word and I shall be healed.

The priest prays softly: *May the body of Christ bring me to everlasting life.*

Then he eats the Body of Christ, and picks up the chalice of Christ's Blood. He prays softly:

May the blood of Christ bring me to everlasting life.

Then he drinks the Blood of Christ.

Only Catholics who have had their First Communion and are in a state of grace may receive Him. If you have any grave sins that have not been brought to confession, you should not receive.

Catholic Mass

Fasting for at least an hour before receiving communion is also required (water is OK).

For those not eligible to receive communion, please come forward for a blessing. To show that you only want a blessing, cross both arms over your chest.

Reverently bow (slightly) before the Body of Christ when it is your time to receive.

Priest, Deacon or Extraordinary Minister of the Eucharist: The Body of Christ

Communicant: Amen.

Reverently bow (slightly) before the Blood of Christ when it is your time to receive.

Priest, Deacon or Extraordinary Minister of the Eucharist: The Blood of Christ.

Communicant: Amen.

Please do not receive from the cup if you are ill.

A communion song is commonly sung while Communion is given to the faithful.

Return to your pew and kneel until the Eucharist has been returned to the tabernacle.

Catholic Mass

Prayer After Communion. The priest now prays in our name that we may live the life of faith since we have been strengthened by Christ himself. Our Amen makes his prayer our own.

Stand when the priest stands.

At the conclusion of the prayer, he says:

We ask this in the name of Jesus the Lord.

People: Amen.

Concluding Rite

We have heard God's Word and eaten the Body of Christ. Now it is time for us to leave, to do good works, to praise and bless the Lord in our daily lives.

Blessing and Dismissal.

Priest: The Lord be with you.

People: And also with you.

Make a sign of the cross as the priest says:

Priest:

Catholic Mass

May almighty God bless you, the Father, and the Son, and the Holy Spirit.

People: Amen

Deacon (or Priest):

(a) Go in the peace of Christ -or-

(b) The Mass is ended; go in peace -or-

(c) Go in peace to love and serve the Lord

People: Thanks be to God.

Procession and Final Hymn. The priest and other ministers process out as the final hymn is sung by the congregation. Once the procession is completed, you may also leave. Remember to bow to the altar and genuflect to the tabernacle as you exit the pew.